

## PREVENT HYPOTHERMIA

GEORGIA TRAUMA SYSTEM TRAUMA CARE ALERT

## TRAUMA AND HYPOTHERMIA ARE A DEADLY COMBINATION

The lethal trauma triad—hypothermia, acidosis, and coagulopathy—is a significant cause of death in patients with traumatic injuries. Failing to stop any one of the triad's components leads to worsening hemorrhage and eventual death.

- Stop the Bleeding
- Keep ambulances and resuscitation rooms warm
- Remove any wet clothing
- Cover patients with blankets and other warming devices
- Expose patients ONLY as needed for assessment and treatment
- Warm ALL IV fluids and blood products
- DO NOT infuse large volumes of crystalloid fluids\*

\*Generally, burn patients are the ONLY trauma patients who require large volumes of crystalloid fluids. Warm ALL IV fluids - burn trauma patients are especially susceptible to hypothermia.

